

A BASELINE LIST OF ALTERNATIVE THERAPIES

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Acid/Alkaline foods
Acupuncture
Acupressure
Accupoint therapy
Alexander technique
Allergy testers (kinesiology)
Animal therapy
Aromatherapy
Astrology
Attractor field therapy
Aura-kinetic training
Auro soma
Ayurveda
Behavioural Optometry
Biofrequency
Biomagnetic
Biomesotherapy
Bio-resonance matching
Body harmony
Body talk systems
Body transformation
Bowen technique
Brain gym (kinesiology)
Breathwork
Buteyko breathing method
Chakra balancing
Chinese medicine
Chi nei tsan
Chi gong
Chiropractor (ancillary to medical)
Coaching
Colour therapy
Colon hydrotherapy
Colonic irrigation
Counselling (of normal behaviour, decision making and life skills (Gestalt, EFT, CBT). Recognition of psychological issues and referral for specialist counselling or psychotherapy).
Craniosacral therapy
Crystal therapy
Cupping
Dance therapy

Deep muscle therapy (massage)
Dorn therapy
Dry needling
Ear candling
Emotional freedom techniques
Energy healing
Endermologie
Electro acupuncture
Embodiment of yoga
Emmett technique
Exercise physiology
Facial harmony
Feldendrais
Feng shui
Flower remedies (Bach / bush)
Frequency specific (microcurrent (bodyfield analysis)
Healing energy
Healing touch
Hellerwork
Herbalists
Herbal medicine
Homoeopathy
Horstmann technique
Hyperton-X
Hypnotherapy
IFAS (skin and nerve stimulation)
Indian head massage
Iridology
Iris diagnosis
Irlen therapy
Juicing (detoxification, nutrient intake)
Kinesiology (Touch for Health)
Life coaching
Lymphatic drainage
Magnetic field therapy
Massage therapies (remedial, deep tissue, Swedish, Thai, kahuna)
Medical intuitive
Meditation
Mora therapy
Moxibustion
Music therapy
Muscle tension treatment
Myofascial release therapy
Myopractic
Myotherapy
Natural fertility management

Naturopathy
Neural organisation therapy
Neurolinguistic programming NLP
Numerology
Oriental health sciences
Orthobionomy
Osteopath (ancillary to medical)
Personal trainers
Phenolics
Phtytotherapy
Pilates
Polarity therapy
Pranic healing
PSH therapy
Psychic healing
Psychophysical therapy
Push therapy
QZ therapy
Qi Gong
Raindrop technique
Raw food
Recreation therapy
Reflexology
Reiki treatment
Rekindled ancient wisdom
Remedial therapy
Reverse therapy
Rolfing structural integration
SCENAR
Shiatsu
Somatic integration therapy
Sound therapy
Speech therapy
Spiritual healing
Sports kinesiology
Tarot reading
Tai chi
Time line therapy
Tissue salt therapy
Traditional Chinese Medicine (TCM)
Transactional analysis
Transpersonal & emotional release counsellors
Trigger point therapy
Vocational counselling
Whole food
Wholistic dentistry
Yoga